

FEAR THE TURTLE

2006 MARYLAND WOMEN'S LACROSSE

General Information

TABLE OF CONTENTS

Quick Facts • 2006 Schedule	1
This Is Maryland Lacrosse	2
Terps at the World Cup	4
The Terps' Coaching Influence	5
2006 Season Outlook	6
Coaching Staff	
Head Coach Cindy Timchal	8
Coaching Staff	10
Roster Information	12
Returning Player Profiles	14
Newcomer Profiles	25
2005 Season Review	
Review Notebook	29
Game Results	30
Season Statistics	30
Game Recaps	31
ACC Season Review	38
2005 Opponent Information	39
Series Information	42
History, Honors and Records	
Year-By-Year Records	43
Coaching History	43
Postseason History	43
All-Time Roster & Statistics	44
All-Time Leaders & Records	45
All-Time Terp Greats	46
All-Time All-Americans	48
Academic All-Americans	48
National Players of the Year	50
U.S. National Team Players From Maryland	50
Game-By-Game Results	51
NCAA Championship History	53
Maryland's Championship Teams	53
University of Maryland	56
President C.D. Mote Jr.	57
Athletics Director Deborah A. Yow	58
UM's Distinguished Alumni	60
Academic Support & Career Development	61
Terrapin Club	62
Coaches' Directory	63
Staff Directory • Athletic Administration	65
Atlantic Coast Conference	67
Media Information	68

2006 SCHEDULE

Day	Date	Opponent	Location	Time
Feb. 12	Sun	NORTHWESTERN	College Park, Md.	1 p.m.
Feb. 19	Sun	OHIO	College Park, Md.	Noon
Feb. 22	Wed	GEORGE MASON	College Park, Md.	7 p.m.
Feb. 25	Sat	at Duke*	Durham, N.C.	Noon
Mar. 4	Sat	RICHMOND	College Park, Md.	2 p.m.
Mar. 7	Tue	VIRGINIA*	College Park, Md.	7 p.m.
Mar. 11	Sat	at Brown	Providence, R.I.	Noon
Mar. 18	Sat	OLD DOMINION	College Park, Md.	1 p.m.
Mar. 21	Tue	DARTMOUTH	College Park, Md.	3 p.m.
Mar. 24	Fri	PENN STATE#	College Park, Md.	7:30 p.m.
Mar. 26	Sun	OHIO STATE#	College Park, Md.	2 p.m.
Mar. 31	Fri	VIRGINIA TECH*	College Park, Md.	7 p.m.
Apr. 5	Wed	GEORGETOWN	College Park, Md.	7 p.m.
Apr. 9	Sun	at Johns Hopkins	Baltimore, Md.	Noon
Apr. 15	Sat	at North Carolina*	Chapel Hill, N.C.	7 p.m.
Apr. 22	Sat	at Boston College*	Chestnut Hill, Mass.	1 p.m.
Apr. 27-30	Thu-Sun	ACC Tournament	M&T Bank Stadium	TBA
May 3	Wed	at Princeton	Princeton, N.J.	7:30 p.m.
May 14	Sun	First Round NCAA	Campus Sites	TBA
May 20	Sat	Second Round NCAA	Campus Sites	TBA
May 26-28	Fri-Sun	NCAA Final Four	Boston, Mass.	TBA

Home games in bold caps; home games played at the Field Hockey & Lacrosse Complex and Ludwig Field

* ACC game | # ACC/Big Ten Challenge (College Park, Md.)

QUICK FACTS

University Information

Location	College Park, Md.
Founded	1807
Enrollment	35,329
Nickname	Terrapins
Affiliation	NCAA Division I
Conference	Atlantic Coast Conference
Home Fields	Ludwig Field (4,000/grass) Field Hockey & Lacrosse Complex (1,200/turf)
School Colors	Red, White, Black, Gold
President	Dr. C.D. Mote, Jr. (California, '59)
Athletic Director	Deborah A. Yow (Elon, '74)

Team Information

2005 Record	12-7
ACC Record/Finish	2-2/Third
Home	6-1
Road	5-4
Neutral	1-2
Postseason Record/Finish	NCAA First Round
Letterwinners Returning/Lost	19/8
Starters Returning/Lost	5/7
NCAA Appearances	20
National Championships	1981 (AIAW), 1986, 1992, 1995, 1996, 1997, 1998, 1999, 2000, 2001

Coaching Information

Head Coach	Cindy Timchal
(Alma Mater)	(West Chester, '76)
Overall Record/Years	324-78 (.806)/24
Record at Maryland/Years	248-38 (.867)/15
Assistant Coaches	Caitlin Banks (Virginia '04) Brian McGurn (Gettysburg '95)
Volunteer Assistant	Liam Banks (Syracuse '03)
Team Consultant	Dr. Jerry Lynch
Lacrosse Office Phone	(301) 314-7908

Media Information

Media Relations Contact	Adam Zundell, Asst. Director
Office Phone	(301) 314-7066
Home Phone	(301) 617-9089
e-mail	azundell@umd.edu
Office Fax	(301) 314-9094
Press Box Phone	(304) 657-0388
Associate A.D./Media Relations	Doug Dull
Website	www.umterps.com

MEDIA GUIDE CREDITS

The 2005 Maryland women's lacrosse media guide was written, designed and edited by Adam Zundell, assistant media relations director. Editorial assistance provided by Doug Dull, Patrick Fischer and Randy Eaton. Cover design by John Schaffhauser. Photography by Bill Vaughan and Larry French. Printing by Morgantown Printing and Binding.

Copies of this media guide can be purchased for \$10 plus \$1.50 for shipping and handling, by writing the Athletic Media Relations Office, University of Maryland, College Park, MD 20742, or by calling (301) 314-7064.

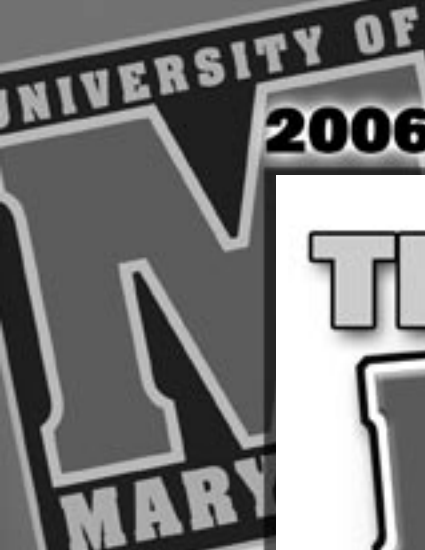
27
SPORTS

1
TEAM

W
LX
LACROSSE

150+
YEARS





FEAR THE TURTLE

2006 MARYLAND WOMEN'S LACROSSE

THIS IS MARYLAND

National Championships

1981

1986

1992

1995

1996

1997

1998

1999

2000

2001



2001 NCAA Champions

The Terps are the winningest team in the history of women's lacrosse with an all-time record of 449-107-3.

With nine NCAA titles and 10 national championships overall, the school has more than doubled the total of any other program.



FEAR THE TURTLE

2006 MARYLAND WOMEN'S LACROSSE

ND ACROSSE ACC

ANTIC COAST CONFERENCE

Speak Softly, Carry a Big Stick



From Inside Lacrosse to Sports Illustrated, the Terps are covered throughout the nation.

**IN THE
SPOTLIGHT**

27

SPORTS

1

TEAM

W

Lx

LACROSSE

150+
YEARS



Jen Adams won the 2001 Tewaarion Award as the nation's top women's lacrosse player, as well as the Honda Award for the second straight year. In 2001 she set the NCAA records for career points (445) and assists (174).

*The Terps have
won **5** of **9** ACC titles!*





FEAR THE TURTLE

2006 MARYLAND WOMEN'S LACROSSE

Terrapins AT THE 2005 **World Cup**

**WITH A ROSTER INCLUDING SEVEN
TERRAPINS, AUSTRALIA WON THE 2005
IFWLA WORLD CUP IN ANNAPOLIS, MD.**

In 2005, the International Federation of Women's Lacrosse Associations' World Cup was played in Annapolis, Md. With so many players having ties to the University of Maryland, the World Cup had a distinct Terrapin flavor.

At the championships, which were won by Australia, a total of 13 former and current Terrapin lacrosse players represented their respective countries. The champion Aussies featured seven Terrapin players, including Jen Adams (2001), Sarah Forbes (1997), Courtney Hobbs (2002), Sonia Judd (2003), Casey Magor (current), Tess McLeod (2004) and Sascha Newmarch (1998). In addition, five members of the American team played lax in College Park. Among them were Quinn Carney (2001), Randall Goldsborough (1996), Kelly Amonte Hiller (1996), Kristin Sommar (2000) and Jess Wilk (1990). Finally Laura Warren (2004) was a starting attacker for the Welsh team.

On the 12-member All-World Team, seven of those hailed from the University of Maryland. Of the 20 games played at the World Cup in which a Maryland Terrapin was on the roster, a Terp player was recognized as "Player of the Match" nine times. Forbes was named the tournament's "Most Valuable Player" for her efforts for the Aussies. Adams was the leading scorer among all players at the World Cup with 47 points on 21 goals and 26 assists. Her 26 assists set a new World Cup record.



Laura Warren



United States



Australia



FEAR THE TURTLE

2006 MARYLAND WOMEN'S LACROSSE

The Terps' Coaching Impact

OVER 20 FORMER TERPS ARE NOW COLLEGE COACHES.

The University of Maryland has a long-reaching impact on the sport of women's lacrosse, primarily because of the significant number of players the program has sent into the coaching ranks. Over 20 former Terrapins are now on the sidelines as college coaches. From the West Coast, where Michele Ulfelder (Maryland, '91) leads Stanford, to the Midwest where Kelly Amonte-Hiller (Maryland, '96) heads Northwestern, to the East Coast where Courtney Martinez Connor (Maryland, '91) was recently appointed as head coach at UMBC, the Terps continue to make their mark in the sport.

HEAD COACHES

Kelly Amonte-Hiller

Maryland, '96

Head Coach, Northwestern

Celine Cunningham

Maryland, '84

Head Coach, Stevens (D-III)

Allison Comito

Maryland, '02

Interim Head Coach, Stony Brook

Missy Holmes

Maryland, '97

Head Coach, Towson

Kerstin Kimel

Maryland, '93

Head Coach, Duke

Karen MacCrate

Maryland, '96

Head Coach, C.W. Post (D-II)

Courtney Martinez Conner

Maryland, '01

Head Coach, UMBC

Liz Monte

Maryland, '96

Head Coach, Rochester (D-II)

Cathy Nelson Reese

Maryland, '98

Head Coach, Denver

Amy Patton

Maryland, '88

Head Coach, Dartmouth

Tami Riley

Maryland, '96

Head Coach, Virginia Tech

Mary Schwartz

Maryland, '85

Head Coach, Roanoke College

Jennifer Ulehla

Maryland, '91

Head Coach, Temple

Michele Ulfelder

Maryland, '91

Head Coach, Stanford

Denise Wescott

Maryland, '80

Head Coach, Mount St. Mary's

ASSISTANT COACHES

Jen Adams

Maryland, '01

Assistant Coach, Denver

Cara Gorman

Maryland, '03

Assistant Coach, Vermont

Sonia Judd

Maryland, '03

Assistant Coach, Denver

Meg McNamara

Maryland, '01

Assistant Coach, Stony Brook

Alex Kahoe

Maryland, '00

Associate Head Coach, Delaware

Alexis Venechanos

Maryland, '03

Assistant Coach, Northwestern

Acacia Walker

Maryland, '05

Assistant Coach, Northwestern

27

SPORTS

1

TEAM

W

LX

LACROSSE

150+





FEAR THE TURTLE

2006 MARYLAND WOMEN'S LACROSSE

Season Outlook

TERPS LOOK FOR BALANCE IN 2006.

For the Terrapin women's lacrosse team in 2006, it's all about balance. The team is not all about athleticism or speed, offense or defense. This year's group is about combining all of the various skills and phases of the game, and melding that with hard work and team chemistry to help Maryland pursue its goals.

"This team really enjoys each other and working together," says head coach Cindy Timchal, the winningest coach in women's lacrosse history. "We have a good



mix of players with tremendous talents, and it's up to myself and the coaches to put the players in position to succeed."

Most of the experience on the team returns on the midfield and attack, headlined by All-American Delia Cox. Cox has started every game Maryland has played in her three years, and she will be counted on for leadership as well as her offensive punch. Another senior, Brooke Richards, is coming off a big offensive season and will captain the team along with Cox. In the midfield, a trio will continue their progression as elite players as junior Katie Doolittle and sophomores Kelly Kasper and Casey Magor benefit from significant playing time and impact in 2005. On defense, the Terps graduated

All-American Greta Sommers, and will count on juniors Becky Clipp and Martha Raver to shut down the opponent's offense.

"I think, in general, we are a young team," Timchal says. "We have to see how this group responds to the tough situations we are bound to face when you play a schedule like ours. We are excited about those challenges and we will be prepared, and the girls are excited to get the season started."

ATTACK

For the Terps, balance starts on the offense. For a team that had six players tally over 40 points in 2005, this year's edition could be even more versatile.

"I'm very excited about the group we have on offense," Timchal says. "We have so many talented players that can put the ball in the net that it will be tough to



stop. The key for us is our passing and to make sure we get the best possible shot. I'm not concerned about who's taking the shots, because I think we have plenty of great finishers who are able to do the job."

Controlling the offense from behind the cage will be Brooke Richards. Richards registered career-highs in goals (21), assists (21) and points (42) a season ago. An excellent feeder, Richards also has one of the strongest shots on the team, making her a top threat offensively.

Junior Krista Pellizzi missed fall action, but will see plenty of playing time in 2006. Pellizzi can run the offense from the top of the arc as well as attack the cage. Sophomore Katie Princiotta moved back to the offensive end after playing defense last season, and has proven to be one of the team's top finishers. Junior Mollie Reese is a



poised and experienced attacker who combines a great ability to pass the ball in addition to her top-flight stick skills. This group, along with several midfielders who will jump in the offensive zone, give the Terps an offense that can compete with the best in the nation.

MIDFIELD

The Terp midfield is rich with talented players that can make plays all over the field. Delia Cox, a two-time All-America selection by Inside Lacrosse, will continue to draw attention from opposing defenses. Cox led all Terps with 35 goals last season.

"Defenses are going to keep trying to find ways to stop Delia," Timchal says. "She has some experience dealing with that over the past few years, and she has been very focused in the offseason adjusting to that. She has been very diligent about trying to stay a step ahead of what she'll see, as well as working on making the extra pass."

Junior Katie Doolittle, the team's fastest player, had a breakout year in 2005 pouring in 33 goals and nine assists in 19 starts for the Terps. Despite being second on the team last year in goals, Doolittle has continued to work on her finishing and, with her speed, will have a key role on defense as well.

Sophomore Kelly Kasper showed steady improvement throughout her freshman season, and will continue to build off that momentum in 2006. Kasper was one of Maryland's most dangerous scorers at the end of the season last year, and her competitive attitude helps make her a tough defender.

"Kelly has great intensity and passion," Timchal says. "She learned a lot in her first season, and she has a great appreciation for playing and has been working hard to have an even bigger impact than she did last season."

FEAR THE TURTLE

2006 MARYLAND WOMEN'S LACROSSE



Casey Magor, who helped Australia to the 2005 World Cup in Annapolis, will take most of the draws for the Terps. Magor has great fundamental skills and is a key in transition for the Terps. Meghan Higgins will also see time in the midfield as well as being on the draw for Maryland.

A pair of freshmen, Kate McWilliams and Jenny Collins, are pushing for time in the midfield. McWilliams has good attacking skills and Collins is a versatile athlete who could also be used on defense.

"I think we have what a midfield should have: high skill level, speed and a commitment to playing the entire field," Timchal says. "Those players expect a lot out of themselves and are eager to prove something."

DEFENSE

The youngest part of the team will be on the defensive side, where the Terps return just two players who are line defenders: Becky Clipp and Martha Raver.

"We are definitely going to count on Becky and Martha for a lot of minutes, leadership and big plays on the defensive end," Timchal says.

Clipp led the team in groundballs last season and was second in caused turnovers. Raver's speed allows her to match up against quick offensive players, which helps stymie opposing offenses. Katie Pumphrey emerged as a solid defensive player last year as a freshman, but will be out of the lineup in the early part of the year with a knee injury.



What the Terps lack in experience, they make up for in athletic ability. Sophomores Lauren Cohen and Jen Greenberg bring their dynamic talents to the defensive side of the ball, and freshman Jenny Collins could also see time on defense as well.

In the cage for the Terps will be sophomore Allie Buote. Buote played in eight games last season as a freshman and benefited from being behind Kirah Miles for a season.

"Allie has a good presence in the cage," Timchal says. "She is poised and talented, and has the ability to make game-changing saves. The

coaching staff and the team have a lot of confidence in her."

Backing up Buote will be a pair of newcomers in Lynne Cooper and Sarah Sommaripa.

New to the women's lacrosse game in 2006 are hard boundaries. This rule will put a premium on stick work and add a wrinkle to a team's philosophy on defending.

"The new rule will change the game a bit, but I think it makes it a better and more exciting game," Timchal says. "There are going to be changes on how we clear the ball and how we pressure the ball, which adds a new dynamic."



SCHEDULE

As always, the Terps will face a schedule that rivals any team's in the country. Maryland's strength of schedule in 2005 was fifth in the NCAA, and with a slate that includes 10 of the 16 teams that qualified for last year's NCAA Tournament (including all teams from the Final Four), the Terps will be tested throughout the year. However, Maryland will have the benefit of playing 11 of its 17 regular season games in College Park, not counting the ACC Tournament which will once again be played at M&T Bank Stadium in Baltimore.

"We're going to be tested, there's no question about that," Timchal says. "But all of those tough games are great opportunities for us as a team. We just have to work hard and prepare so that we can put ourselves in a position to be successful."

The Terps start out of the gate with the defending NCAA champions Northwestern Wildcats, who are coached by alum Kelly Amonte Hiller. After a pair of home contests against Ohio and George Mason, Maryland will face its first road test against defending ACC champion Duke.

Maryland returns to College Park for games against Richmond and Virginia before a non-conference matchup against Brown in Providence, R.I. The Terps then will be home for six straight games, highlighted by the annual ACC/Big 10 Challenge.

Before the ACC Tournament starts at the end of April, Maryland will have its longest road stretch of the season as it plays at Johns Hopkins, North Carolina and ACC newcomer Boston College. The Terps will conclude the regular season on the road at Princeton.

The NCAA Tournament Final Four will be played in Boston on the weekend of May 26-28.

"We have an exciting home schedule for fans to see," Timchal says. "Hopefully we can build some confidence at home that will help us face the challenges we meet on the road and in the postseason."

27

SPORTS

1

TEAM

W
Lx
LACROSSE

150+
YEARS

